Bedroom Dancing for Come Out ‘09

The next major work from the Youth Ensemble for the Come Out ‘09 Festival opens on 15th May. Called Bedroom Dancing it is a performance installation work in the old Queen’s Theatre (near Light Square).

The Restless Youth Ensemble, in collaboration with Director Steve Mayhew and Choreographer Alison Currie, have created a movement based show where the audience will walk around a series of bedrooms and see the dancers investigating privacy, intimacy and connection. This allows the audience to be a fly on the wall in someone else’s personal space.

It will be more like looking at paintings in an art gallery than sitting and watching a performance.

School Dates and Times: May 18-22 at 11.30am
Public Dates and Times: May 15, 16, 21, 22, 23 at 7.30pm
Cost: School students and people with a disability $7 (teachers and carers free); $20 adult; $15 Cons; Groups of 10 or more $10; Come Out Conc $10; All tickets May 16 $10.

Book tickets at Restless on 8212 8495
Venue: Queens Theatre

*NEWSFLASH*

The Heart of Another is a Dark Forest has been nominated for four Green Room Awards in the Theatre – Alternative/Hybrid Performance category:

- **Best Production** - Restless Dance Theatre and rawcus
- **Best Direction** - Kate Sulan and Ingrid Voorendt
- **Best Stage/Video Design** - Emily Barrie
- **Best Sound or Music** - Jethro Woodward

The winners will be announced on Monday 20 April 2009

The Green Room Awards celebrate all forms of the
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**Next Workshop: Restless Central Term 2 2009**
Restless Dance Theatre will be continuing Restless Central Workshops for another semester. Restless Central is a series of ten workshops for young people with or without a disability between the ages of 15 to 26 who are interested in dance. No experience necessary.

**WHEN:** Once a week on Tuesday evenings 5.30-7pm
29 April - 30 June 2009

**WHERE:** The Big Space, 234a Sturt Street, Adelaide (enter off Arthur Street)

**COST:** $6 per session
Call Restless at 8212 8495 or info@restlessdance.org to book.

**Necessary Games wins Best Short Film at the 2009 SA Screen Awards**
Other awards included Best Non-Narrative, Best Editing and our own Gaelle Mellis winning Best Production Design. The Necessary Games films screened four times as part of the Adelaide Film Festival. The films are now being entered into film festivals around the world.

**Growth Spurt 6**
After a hugely successful Growth Spurt 5 Restless’ workshop for children aged 2-4 years with (or suspected of having) a disability or developmental delay returns in Term 2. Sessions feature live music, movement and fun, and will once again be led by Restless’ founder Sally Chance.

**WHEN:** 11am-12pm Thursdays, 7 May - 2 July 2009

**WHERE:** The Parks Community Centre, 2-46 Cowan St, Angle Park

**COST:** $6 per session
Call Restless at 8212 8495 or info@restlessdance.org to book.

The warmth, openness and freedom to use the whole room was liberating. Its been a joy to dance every week. Its been the week’s highlight: a Mum who attended Growth Spurt 5 with her daughter

**Parents Group**
A group of 8 people met at Lyons Rd Community Building in Dernancourt for the first ever Parents Group. The group was initiated by Sally Chance, who led movement and some singing on the day. Sandra Hopper, Restless Board member and Mum of Youth Ensemble member Lorcan Hopper shared her experiences of being a mother of a child with a disability and Jo from Anglicare taught the benefits of Journalling. It is intended that the group will run a few times a year and be specifically for the parents of children who have attended Restless workshops.