A Primary Health Care Approach to Men’s Health in Community Health Settings: “It’s Just Better Practice”

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Promoting men’s health in primary care settings such as general practice is now common but what might primary health care for men’s health look like in community health settings?

‘Men’s Health’ is neither a simple concept nor a single problem.

Men are a socially and culturally diverse population group.

There is a diverse range of community-based health and wellbeing programs and services for men in South Australia.

This report describes case studies of diverse community-based health and wellbeing services for men in South Australia. The programs selected as case studies include Aboriginal men, gay men and homosexually active men, men from culturally and linguistically diverse backgrounds, older men, middle-aged men, fathers, and young men, as well as services that focus on childhood sexual abuse and violence intervention.

The case studies share the following main features:

• They have a social view of health,
• use a primary health care approach with an emphasis on prevention,
• address issues of access and equity,
• use social justice principles, and
• work across a number of sectors.

These features were integrated into a socially just primary health care framework for men’s health in community health settings.
The case studies highlight practical examples of work with men in *community health settings* that illustrate the following points:

- Primary health care practice for men’s health in community health settings can focus on equity and on social and gender justice.

- Developing a socially just primary health care approach to men’s health and wellbeing in community health settings is not only good practice, it is *just* better practice.

- Socially just primary health care can address health inequities within men’s health that are related to, amongst others, class, race, ethnicity and sexuality.

- Socially just primary health care services can work collaboratively with women’s health on common concerns such as violence intervention and childhood sexual abuse.

- Socially just primary health care services reflect local concerns, where health professionals work with men rather than acting as outside experts.

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