INGKINTJA

A place where men meet, talk and learn
INGKINTJA

Proven method for sharing, caring and making decisions
man with boomerang
woman with digging stick
grandfather
grandmother

child

family
Aboriginal Way

Ingkintja

Alukura

Family
Mixed-up Way
INGKINTJA

CONGRESS MALE HEALTH
Senior men (in black) sit down with younger males and non-aboriginal males to talk, listen and learn about health. Ceremonially, we wear a layer of white cockatoo feathers that allows true personalities to come out. Spears are tools for destroying danger, a shield for protection and boomerangs symbols of extending friendship.
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No Kungkas
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Why a male only health service?

A1 Cultural Sensitivity i.e. Ingkintja, avoidance relationships, discuss mens’ business/ceremony

A2 Disease Load. Aboriginal males in NT have rates of acute and chronic diseases that are as bad as anywhere in the world. Life expectancy 61.5 yrs – 17 year Gap

A3 Stereotypes
   a) Clinic is women’s place
   b) Clinic is for Pox/STI
   c) Men are strong
Meeting

Speaking Up

Learning

Seeking Help

Supporting

Leading

Socialising
INGKINTJA

Our Clients

- Over 7000 contacts per year
- We ask
  - Write your name
  - Where are you from?
  - How old?
  - Language?
    - Ngaanyatjarra, Pitjantjatjara, Yankunytjatjara, Western Aranda, Central Arrente, Eastern Arrente, Southern Aranda (Pertame), Pintubi, Warlpiri, Western Luritja, Southern Luritja, Alyawarr, Anmatjere, Warumungu
- How can we help today?
Our Clients

- Information gathered to answer if client
  - Due a health check?
  - Positive lab result?
  - Culture
  - Bush vs Town?
    - 50:50
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Why do clients come?

- Many reasons - Shower, shave, checkup, toilet, complain about ....government, family etc., get a lift, phonecall, food, water, find quiet, wash clothes, talk to psychologist, cool, warmth, pain, avoid women, panadol, sad, drunk, lonely, blood test result, preparations for men’s business, find a ngungkari......

New reasons to feel welcome in 2010

- Make a roof rack, fix a chair, check email, apply for jobs, learn cooking, hairdressing....
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Our Staff

- meeting
- talking
- learning
- clinical
- administration
- planning
- cultural
MONDAY SESSIONS

Presenters give talks and demonstrations on Healthy food and cooking, gardening, domestic violence, safe driving, legal issues, fatherhood and social & emotional wellbeing, health promotion etc.

Lunch is provided.
Male Health Summit
Inteyerrkwe 2008
Inteyerrkwe Statement

“We the Aboriginal males from Central Australia and our visitor brothers from around Australia gathered at Inteyerrkwe in July 2008 to develop strategies to ensure our future roles as husbands, grandfathers, fathers, uncles, nephews, brothers, grandsons, and sons in caring for our children in a safe family environment that will lead to a happier, longer life that reflects opportunities experienced by the wider community.

We acknowledge and say sorry for the hurt, pain and suffering caused by Aboriginal males to our wives, to our children, to our mothers, to our grandmothers, to our granddaughters, to our aunties, to our nieces and to our sisters.

We also acknowledge that we need the love and support of our Aboriginal women to help us move forward.”
Next Steps – The Ingkintja Path

- **Ingkintja - Congress Male Health**
  - Meet, talk, learn
  - Expand clinical services – acute and chronic disease, ngungkari
  - Anti-violence projects in the community, schools and prison
  - Shed projects – car repair, woodwork, metalwork
  - Computer training and access
  - Good food – cooking

- **Alice Springs**
  - Meet, talk, learn
  - TV/Radio
  - Men’s Residential Facility

- **Other Communities**
  - Meet, talk, learn
  - Male specific keeping places, retreats, clinics, sheds
New words

- Ingkintja
- Alukura
- Kungka
- Kere
- Merne
- Kwatje
- Ngungkari
New words

- Ingkintja – male meeting
- Alukura
- Kungka
- Kere
- Merne
- Kwatje
- Ngungkari
New words

- Ingkintja
- Alukura – female meeting
- Kungka
- Kere
- Merne
- Kwatje
- Ngungkari
New words

- Ingkintja
- Alukura
- Kungka
- Kere
- Merne
- Kwatje
- Ngungkari

woman
New words

- Ingkintja
- Alukura
- Kungka
- Kere animal food
- Merne
- Kwatje
- Ngungkari
New words

- Ingkintja
- Alukura
- Kungka
- Kere
- Merne (plant food)
- Kwatje
- Ngungkari
New words

- Ingkintja
- Alukura
- Kungka
- Kere
- Merne
- Kwatje (©) water
- Ngungkari
New words

- Ingkintja
- Alukura
- Kungka
- Kere
- Merne
- Kwatje
- Ngungkari - healer